

Pengaruh Penyuluhan Menggunakan Media Permainan Ular Tangga Terhadap Pengetahuan Kesehatan Gigi dan Mulut serta Keterampilan Menyikat Gigi Siswa Kelas IV SDN 3 Sumelap Kota Tasikmalaya

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ABSTRAK

Latar Belakang: Anak usia sekolah dasar sangat rentan terhadap masalah gigi dan mulut, karena gigi susu mulai berganti menjadi gigi permanen, sehingga diperlukan penyuluhan agar anak mengetahui bagaimana memelihara kesehatan gigi dan mulut sedari dini. Salah satu media penyuluhan yang dapat digunakan yaitu media permainan ular tangga. Hasil Pra penelitian di SDN 3 Sumelap pada 10 responden, didapat 70% pengetahuan kesehatan gigi kurang dan 60% keterampilan menyikat gigi kurang. **Tujuan:** Tujuan penelitian untuk mengetahui pengaruh penyuluhan menggunakan media permainan ular tangga terhadap pengetahuan kesehatan gigi dan mulut serta keterampilan menyikat gigi siswa kelas IV SDN 3 Sumelap Kota Tasikmalaya. **Metode:** Penelitian ini menggunakan rancangan penelitian *one group pre-post test design* dengan memberikan perlakuan yaitu penyuluhan menggunakan permainan ular tangga. Penelitian ini menggunakan lembar kuesioner pengetahuan kesehatan gigi dan mulut dan lembar observasi menyikat gigi. Sampel diambil menggunakan rumus slovin sebanyak 33 orang siswa kelas IV. **Hasil:** Hasil analisis menggunakan uji *Wilcoxon* didapat pengetahuan kesehatan gigi dan mulut serta keterampilan menyikat gigi dengan nilai $p\text{-value} = 0,000$ ($p < 0,05$). **Kesimpulan:** Terdapat pengaruh penyuluhan menggunakan media permainan ular tangga terhadap pengetahuan kesehatan gigi dan mulut serta keterampilan menyikat gigi siswa kelas IV SDN 3 Sumelap Kota Tasikmalaya.

Kata Kunci: Permainan ular tangga, pengetahuan kesehatan gigi dan mulut, keterampilan menyikat gigi.

Daftar Pustaka: 2012-2022

The Effect of Counseling Using Snakes and Ladders as a Media on Dental and Oral Health Knowledge and Toothbrushing Skills for Fourth Grade Students at SDN 3 Sumelap City of Tasikmalaya

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ABSTRACT

Background: Elementary school-age children are very vulnerable to dental and oral problems, because primary teeth begin to change into permanent teeth, so counseling is needed so that children know how to maintain dental and oral health from an early age. One of the extension media that can be used is the snake and ladder game media. The results of the pre-study at SDN 3 Sumelap on 10 respondents, obtained 70% lack of dental health knowledge and 60% lack of tooth brushing skills **Objective:** The purpose of the study was to determine the effect of counseling using snakes and ladders game media on dental and oral health knowledge and tooth brushing skills of fourth grade students at SDN 3 Sumelap, Tasikmalaya City. **Methods:** This study used a *one group pre-post test design* by providing treatment, namely counseling using the snake and ladder game. This study used a dental and oral health knowledge questionnaire sheet and an observation sheet on brushing teeth. Samples were taken using the slovin formula as many as 33 fourth grade students. **Results:** The results of the analysis using the *Wilcoxon* obtained knowledge of oral health and tooth brushing skills *p-value* = 0.000 ($p < 0.05$). **Conclusion:** There is an effect of counseling using snakes and ladders game media on dental and oral health knowledge and brushing skills of fourth grade students at SDN 3 Sumelap, Tasikmalaya City.

Keywords: Snakes and ladders game, knowledge of oral health, tooth brushing skills.

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