**GAMBARAN KEBIASAAN MENGKONSUMSI IKAN TERI DAN PENGALAMAN KARIES PADA MURID KELAS V SDN 3**

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# **ABSTRAK**

**Latar Belakang** : Gambaran kebiasaan mengkonsumsi ikan teri dan pengalaman karies gigi pada anak perlu mendapat pengertian khusus sebab pada usia ini anak sedang menjalani proses tumbuh kembang. Melalui program pemeriksaan DMF-T atau pengalaman karies diharapkan dapat meningkatkan pengetahuan dan gambaran kebiasaan pada anak untuk menumbuhkan pentingnya kesadaran menjaga kesehatan gigi dan mulut. **Tujuan Penelitian** : untuk mengetahui kebiasaan mengkonsumsi ikan teri dan pengalaman karies gigi pada murid kelas V SDN 3 Cintaraja Kabupaten Tasikmalaya. **Jenis Penelitian :** penelitian yang digunakan jenis penelitian deskriptif analitik dengan metode penelitian yang digunakan adalah survey menggunakan kuesioner dengan pendekatan cross section. Populasi penelitian dilakukan pada murid kelas V SDN 3 Cintaraja Kabupaten Tasikmalaya sebanyak 30 orang. Pengambilan sampel dengan cara total sampling. Alat ukur menggunakan kuesioner, pemeriksaan DMF-T dan data dilakukan dengan distribusi frekuensi. **Hasil Penelitian :** gambaran kebiasaan mengkonsumsi ikan teri dan pengalaman karies pada murid kelas V SDN 3 Cinataraja Kabupaten Tasikmalaya didapatkan hasil 30 murid, dengan kriteria sering mengkonsumsi berjumlah 14 murid (46,7%) dan kriteria jarang mengkonsumsi berjumlah 16 murid (53,3%). Untuk pemeriksaan DMF-T didapatkan hasil berkategori sedang (2,7). **Kesimpulan Penelitian :** bahwa pengaruh pemeriksaan kebiasaan mengkonsumsi ikan teri dan DMF-T pada murid sebagian besar murid jarang mengkonsumsi dan pengalaman karies gigi berkriteria sedang.

**Kata Kunci** : Kebiasaan, mengkonsumsi, pengalaman karies gigi

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**DESCRIPTION OF THE HABITS OF CONSUMING ANCHOPY FISH AND CARRIES EXPERIENCE IN CLASS V STUDENTS OF SDN 3**

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# **ABSTRACT**

**Background** : The description of the habit of consuming anchovy and the experience of dental caries in children needs special understanding because at this age The child is undergoing a process of growth and development. Through the DMF-T examination program or caries experience, it is hoped that it can increase the knowledge and picture of habits in children to foster awareness of the importance of maintaining oral and dental health. **Research objective** : to determine the habit of consuming anchovies and the experience of dental caries in fifth grade students of SDN 3 Cintaraja, Tasikmalaya Regency. **Type of Research: The** research used is descriptive analytic research with the research method used is a survey using a questionnaire with a cross section approach. The population of the study was 30 students of class V SDN 3 Cintaraja, Tasikmalaya Regency. Sampling by means of total sampling. The measuring instrument used a questionnaire, DMF-T examination and data were carried out with a frequency distribution. **Research results:** an overview of the habit of consuming anchovies and caries experience in fifth grade students at SDN 3 Cinataraja, Tasikmalaya Regency, the results obtained are 30 students, with criteria for frequent consumption of 14 students (46,7%) and criteria for rarely consuming 16 students (53,3%). ). For the DMF-T examination, the results were categorized as moderate (2.7). **Research conclusion:** that the effect of examining anchovy consumption habits and DMF-T on students, most students rarely consume and experience dental caries with moderate criteria.

**Keywords** : Habit, consumption, experience dental karies

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