

Lampiran 1 Kuesioner

LEMBAR IDENTITAS RESPONDEN

Diisi pada awal penelitian

1. Nama (Inisial): _____
2. Usia: _____ Tahun
3. Usia Kehamilan: _____ Minggu (Trimester: I / II / III)
4. Pekerjaan:
 - Ibu Rumah Tangga
 - PNS/Pegawai Swasta
 - Wiraswasta
 - Lainnya: _____
5. Pendidikan Terakhir:
 - SD/SMP
 - SMA/SMK
 - Perguruan Tinggi (Diploma/S1/S2)
6. Paritas (Jumlah Persalinan Sebelumnya): _____ kali

Lembar Hasil Kadar Hb (Pre-test & Post-test)

Bagian ini diisi oleh peneliti berdasarkan hasil pemeriksaan laboratorium.

Tahap Pemeriksaan	Tanggal Periksa	Kadar Hb (g/dL)	Kategori Anemia
Pre-test (Sebelum Intervensi)			<input type="checkbox"/> Ringan <input type="checkbox"/> Sedang
Post-test (Setelah 14 Hari*)			<input type="checkbox"/> Normal <input type="checkbox"/> Anemia

Catatan: Rentang waktu intervensi biasanya dilakukan selama 14 hari atau sesuai protokol klinis yang Anda tetapkan.

Lembar Pemantauan Konsumsi (Logbook Harian)

Responden diminta mengisi lembar ini setiap hari untuk memastikan kepatuhan.

Kelompok A: Tablet Fe Saja

Hari Ke-	Check-list Konsumsi Fe	Jam Konsumsi	Keterangan (Mual/Muntah/Lupa)
1	[]		
2	[]		
3	[]		
4	[]		
5	[]		
6	[]		
7	[]		
8	[]		
9	[]		
10	[]		
11	[]		
12	[]		
13	[]		
14	[]		

Kelompok B: Tablet Fe dan Buah Naga

Hari Ke-	Check-list Konsumsi Fe	Check-list Konsumsi Buah Naga	Jam Konsumsi	Keterangan (Mual/Muntah/Lupa)
1	[]	[]		
2	[]	[]		
3	[]	[]		
4	[]	[]		
5	[]	[]		
6	[]	[]		
7	[]	[]		
8	[]	[]		
9	[]	[]		
10	[]	[]		
11	[]	[]		
12	[]	[]		
13	[]	[]		
14	[]	[]		

Kuesioner Faktor Pendukung & Penghambat (Opsional)

Berikan tanda centang (✓✓) pada pilihan yang sesuai.

1. **Apakah Anda mengonsumsi teh atau kopi dalam 1 jam sebelum/sesudah minum tablet Fe?**
 - Ya
 - Tidak

2. **Dengan cairan apa Anda biasanya meminum tablet Fe?**
 - Air Putih
 - Air Jeruk (Vitamin C membantu penyerapan)
 - Teh/Kopi (Menghambat penyerapan)

3. **Apakah Anda mengalami keluhan setelah minum tablet Fe?**
 - Tidak ada
 - Mual/Muntah
 - Konstipasi (Susah BAB)

Lembar Persetujuan (Informed Consent)

Singkat dan padat untuk etika penelitian.

Saya yang bertandatangan di bawah ini, menyatakan **Bersedia / Tidak Bersedia** menjadi responden dalam penelitian ini secara sukarela, setelah mendapatkan penjelasan mengenai prosedur penelitian.

TTD Responden: _____(Tanggal: _____)

Lampiran 2 Keterangan Layak Etik



Kementerian Kesehatan
Direktorat Jenderal
Sumber Daya Manusia Kesehatan
Politeknik Kesehatan Tasikmalaya
📍 Jalan Babakan Siliwangi No.35, Kahuripan, Tawang
Tasikmalaya, Jawa Barat 46115
☎ (0265) 340186
🌐 <https://poltekkestasikmalaya.ac.id>

KETERANGAN LAYAK ETIK
DESCRIPTION OF ETHICAL APPROVAL
"ETHICAL APPROVAL"

No.DP.04.03/F.XVIII.1.3.1/505/2026

Protokol penelitian versi 2 yang diusulkan oleh :
The research protocol proposed by

Peneliti utama : Norma Mauliani Putri
Principal In Investigator

Nama Institusi : poltekkes kemenkes tasikmalaya
Name of the Institution

Dengan judul:
Title

"PERBEDAAN EFEKTIFITAS PEMBERIAN TABLET FE DENGAN TABLET FE DAN BUAH NAGA MERAH TERHADAP KADAR HEMOGLOBIN PADA IBU HAMIL DENGAN ANEMIA DI PUSKESMAS MAROKO KABUPATEN GARUT 2026"

"The Difference in the Effectiveness of Iron (Fe) Tablet Administration Compared to Iron (Fe) Tablets Combined with Red Dragon Fruit on Hemoglobin Levels in Pregnant Women with Anemia at Maroko Health Center, Garut Regency, 2026"

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Consent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 12 Mei 2026 sampai dengan tanggal 12 Mei 2027.

This declaration of ethics applies during the period May 12, 2026 until May 12, 2027. May 12, 2026

Chairperson,



Dr. Imat Rochimat SKM., MM

Lampiran 3 Master Data

1. Sheet Master Data (Data Induk)

No	Inisial	Usia	Pendidikan (1-3)	Paritas	Kelompok (A/B)	Hb Pre (g/dL)	Hb Post (g/dL)	Selisih Hb	Keluhan Mual (Y/T)	Minum The/Kopi (Y/T)
1	Ny. R	22	2	1	B	10.2	11.5	1.3	T	T
2	Ny. S	34	1	3	A	10	10.3	0.3	T	T
3	Ny. A	33	2	2	B	10.8	12	1.2	Y	T
4	Ny. I	21	2	1	B	10.4	11.7	1.3	T	T
5	Ny. F	20	2	1	A	10.8	11.3	0.4	T	T
6	Ny. I	33	2	2	A	10.5	11	0.5	T	T
7	Ny. K	22	2	2	A	10.3	10.9	0.6	T	T
8	Ny. R	21	2	2	B	11	12	1	T	T
9	Ny. A	25	3	1	A	11	11.4	0.4	Y	T
10	Ny. G	28	3	2	B	10.8	11.7	0.9	Y	T
11	Ny. L	29	1	2	B	10.2	11.5	1.3	Y	T
12	Ny. W	33	1	3	A	10.3	10.8	0.5	T	T
13	Ny. U	37	1	4	A	10.2	10.5	0.3	Y	T
14	Ny. J	33	1	3	B	10	11.2	1.2	Y	T
15	Ny. T	38	3	4	B	10.3	11.3	1	T	T
16	Ny. U	20	3	1	B	10.6	11.3	0.7	Y	Y
17	Ny. T	20	2	1	B	10.5	11.9	1.4	T	T
18	Ny. I	19	2	1	A	11	11.4	0.4	T	T
19	Ny. R	20	1	1	B	10.1	11.4	1.3	Y	T
20	Ny. K	38	1	4	B	10.0	11.1	1.1	Y	T

21	Ny. F	39	2	4	A	10.1	10.6	0.5	T	T
22	Ny. S	35	2	3	A	10.3	10.6	0.3	T	Y
23	Ny. F	22	1	2	B	10.3	11.5	1.2	T	T
24	Ny. A	25	2	1	B	10.4	11.5	1.1	T	T
25	Ny. L	23	2	1	A	10.9	11.5	0.6	T	T
26	Ny. I	24	2	2	B	10.2	11.7	1.5	Y	T
27	Ny. O	30	1	3	A	10.3	10.9	0.6	Y	T
28	Ny. S	38	2	3	B	10.3	11.6	1.3	Y	T
29	Ny. V	32	2	2	A	10.4	10.8	0.4	T	T
30	Ny. Y	31	2	1	B	10.7	12	1.3	Y	T
31	Ny. S	31	1	1	B	10.2	11.7	1.5	Y	T
32	Ny. E	30	2	3	B	10.3	11.3	1	T	T
33	Ny. I	29	1	1	B	10.5	11.7	1.2	Y	T
34	Ny. A	28	1	1	A	10.9	11.3	0.4	T	T
35	Ny. K	28	1	3	A	10.7	11.2	0.5	T	T
36	Ny. B	28	2	2	A	10.3	10.7	0.4	Y	T
37	Ny. U	22	2	2	A	10.2	10.6	0.4	Y	T
38	Ny. P	20	2	2	A	10	10.6	0.6	T	T
39	Ny. O	20	2	2	A	10.6	11.2	0.6	T	T
40	Ny. Y	22	2	1	A	10.9	11.3	0.4	Y	T

Keterangan Coding :

1. Pendidikan : 1. (SD/SMP), 2. (SMA), 3. (PT)
2. Kelompok : A (Tablet Fe saja), B (Tablet Fe+Buah Naga)
3. Keluhan/Teek: 1 (Ya), 0 (Tidak).

Lampiran 4 Analisis Data

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FREQUENCIES VARIABLES=Usia Pendidikan Paritas Kelompok
  /STATISTICS=STDDEV VARIANCE RANGE MINIMUM MAXIMUM SEMEAN
MEAN MEDIAN MODE SUM
  /ORDER=ANALYSIS.

```

Frequencies

		Statistics			
		Usia (Tahun)	Tingkat Pendidikan	Jumlah Paritas	Kelompok Intervensi
N	Valid	40	40	40	40
	Missing	0	0	0	0
Mean		27.58	1.78	2.03	
Std. Error of Mean		0.989	0.098	0.158	
Median		28.00	2.00	2.00	
Mode		20	2	1	
Std. Deviation		6.255	0.620	1.000	
Variance		39.122	0.384	0.999	
Range		20	2	3	
Minimum		19	1	1	
Maximum		39	3	4	
Sum		1103	71	81	

Frequency Table

		Usia (Tahun)			
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	19	1	2.5	2.5	2.5
	20	6	15.0	15.0	17.5
	21	2	5.0	5.0	22.5
	22	5	12.5	12.5	35.0
	23	1	2.5	2.5	37.5
	24	1	2.5	2.5	40.0
	25	2	5.0	5.0	45.0
	28	4	10.0	10.0	55.0
	29	2	5.0	5.0	60.0
	30	2	5.0	5.0	65.0
	31	2	5.0	5.0	70.0
	32	1	2.5	2.5	72.5
	33	4	10.0	10.0	82.5
	34	1	2.5	2.5	85.0
	35	1	2.5	2.5	87.5
	37	1	2.5	2.5	90.0
	38	3	7.5	7.5	97.5
	39	1	2.5	2.5	100.0
	Total		40	100.0	100.0

Tingkat Pendidikan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD/SMP	13	32.5	32.5	32.5
	SMA	23	57.5	57.5	90.0
	PT	4	10.0	10.0	100.0
	Total	40	100.0	100.0	

Jumlah Paritas

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	15	37.5	37.5	37.5
	2	13	32.5	32.5	70.0
	3	8	20.0	20.0	90.0
	4	4	10.0	10.0	100.0
	Total	40	100.0	100.0	

Kelompok Intervensi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tablet Fe saja	20	50.0	50.0	50.0
	Tablet Fe + buah naga	20	50.0	50.0	100.0
	Total	40	100.0	100.0	

FREQUENCIES VARIABLES=Usia Pendidikan Paritas
/ORDER=ANALYSIS.

Frequencies

		Statistics		
		Usia Responden Kelompok Kontrol (Tahun)	Tingkat Pendidikan Kelompok Kontrol	Jumlah Paritas Kelompok Kontrol
N	Valid	20	20	20
	Missing	0	0	0

Frequency Table

Usia Responden Kelompok Kontrol (Tahun)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	19	1	5.0	5.0	5.0
	20	3	15.0	15.0	20.0
	22	3	15.0	15.0	35.0
	23	1	5.0	5.0	40.0
	25	1	5.0	5.0	45.0
	28	3	15.0	15.0	60.0
	30	1	5.0	5.0	65.0
	32	1	5.0	5.0	70.0
	33	2	10.0	10.0	80.0

34	1	5.0	5.0	85.0
35	1	5.0	5.0	90.0
37	1	5.0	5.0	95.0
39	1	5.0	5.0	100.0
Total	20	100.0	100.0	

Tingkat Pendidikan Kelompok Kontrol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD/SMP	6	30.0	30.0	30.0
	SMA	13	65.0	65.0	95.0
	PT	1	5.0	5.0	100.0
	Total	20	100.0	100.0	

Jumlah Paritas Kelompok Kontrol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	6	30.0	30.0	30.0
	2	7	35.0	35.0	65.0
	3	5	25.0	25.0	90.0
	4	2	10.0	10.0	100.0
	Total	20	100.0	100.0	

FREQUENCIES VARIABLES=Usia Pendidikan Paritas

/ORDER=ANALYSIS.

Frequencies

		Statistics		
		Usia Responden Kelompok Intervensi (Tahun)	Tingkat Pendidikan Responden Kelompok Intervensi	Jumlah Paritas Responden Kelompok Intervensi
N	Valid	20	20	20
	Missing	0	0	0

Frequency Table

Usia Responden Kelompok Intervensi (Tahun)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	20	3	15.0	15.0	15.0
	21	2	10.0	10.0	25.0
	22	2	10.0	10.0	35.0
	24	1	5.0	5.0	40.0
	25	1	5.0	5.0	45.0
	28	1	5.0	5.0	50.0
	29	2	10.0	10.0	60.0
	30	1	5.0	5.0	65.0
	31	2	10.0	10.0	75.0
	33	2	10.0	10.0	85.0
	38	3	15.0	15.0	100.0
	Total	20	100.0	100.0	

Tingkat Pendidikan Responden Kelompok Intervensi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD/SMP	7	35.0	35.0	35.0
	SMA	10	50.0	50.0	85.0
	PT	3	15.0	15.0	100.0
	Total	20	100.0	100.0	

Jumlah Paritas Responden Kelompok Intervensi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	9	45.0	45.0	45.0
	2	6	30.0	30.0	75.0
	3	3	15.0	15.0	90.0
	4	2	10.0	10.0	100.0
	Total	20	100.0	100.0	

```

FREQUENCIES VARIABLES=Hb_Pre Hb_Post
/STATISTICS=STDDEV VARIANCE RANGE MINIMUM MAXIMUM MEAN
MEDIAN MODE SUM
/ORDER=ANALYSIS.

```

Frequencies

		Statistics	
		Hb Pre Test Kelompok Kontrol (g/dL)	Hb Post Test Kelompok Kontrol (g/dL)
N	Valid	20	20
	Missing	0	0
Mean		10.485	10.945
Median		10.350	10.900
Mode		10.3	10.6
Std. Deviation		0.3376	0.3576
Variance		0.114	0.128
Range		1.0	1.2
Minimum		10.0	10.3
Maximum		11.0	11.5
Sum		209.7	218.9

Frequency Table

Hb Pre Test Kelompok Kontrol (g/dL)					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	10.0	2	10.0	10.0	10.0
	10.1	1	5.0	5.0	15.0

10.2	2	10.0	10.0	25.0
10.3	5	25.0	25.0	50.0
10.4	1	5.0	5.0	55.0
10.5	1	5.0	5.0	60.0
10.6	1	5.0	5.0	65.0
10.7	1	5.0	5.0	70.0
10.8	1	5.0	5.0	75.0
10.9	3	15.0	15.0	90.0
11.0	2	10.0	10.0	100.0
Total	20	100.0	100.0	

Hb Post Test Kelompok Kontrol (g/dL)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	10.3	1	5.0	5.0	5.0
	10.5	1	5.0	5.0	10.0
	10.6	4	20.0	20.0	30.0
	10.7	1	5.0	5.0	35.0
	10.8	2	10.0	10.0	45.0
	10.9	2	10.0	10.0	55.0
	11.0	1	5.0	5.0	60.0
	11.2	2	10.0	10.0	70.0
	11.3	3	15.0	15.0	85.0
	11.4	2	10.0	10.0	95.0
	11.5	1	5.0	5.0	100.0
	Total		20	100.0	100.0

```

FREQUENCIES VARIABLES=Hb_Pre Hb_Post

  /STATISTICS=STDDEV VARIANCE RANGE MINIMUM MAXIMUM MEAN
MEDIAN MODE SUM

  /ORDER=ANALYSIS.

```

Frequencies

		Statistics	
		Hb Pre Test Kelompok Intervensi (g/dL)	Hb Post Test Kelompok Intervensi (g/dL)
N	Valid	20	20
	Missing	0	0
Mean		10.390	11.580
Median		10.300	11.550
Mode		10.2 ^a	11.7
Std. Deviation		0.2751	0.2687
Variance		0.076	0.072
Range		1.0	0.9
Minimum		10.0	11.1
Maximum		11.0	12.0
Sum		207.8	231.6

a. Multiple modes exist. The smallest value is shown

Frequency Table

Hb Pre Test Kelompok Intervensi (g/dL)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	10.0	2	10.0	10.0	10.0
	10.1	1	5.0	5.0	15.0
	10.2	4	20.0	20.0	35.0
	10.3	4	20.0	20.0	55.0
	10.4	2	10.0	10.0	65.0
	10.5	2	10.0	10.0	75.0
	10.6	1	5.0	5.0	80.0
	10.7	1	5.0	5.0	85.0
	10.8	2	10.0	10.0	95.0
	11.0	1	5.0	5.0	100.0
	Total	20	100.0	100.0	

Hb Post Test Kelompok Intervensi (g/dL)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11.1	1	5.0	5.0	5.0
	11.2	1	5.0	5.0	10.0
	11.3	3	15.0	15.0	25.0
	11.4	1	5.0	5.0	30.0
	11.5	4	20.0	20.0	50.0

11.6	1	5.0	5.0	55.0
11.7	5	25.0	25.0	80.0
11.9	1	5.0	5.0	85.0
12.0	3	15.0	15.0	100.0
Total	20	100.0	100.0	

Tests of Normality

	Kelompok	Kolmogorov-Smirnov ^a			Shapiro-Wilk	
		Statisti c	df	Sig.	Statisti c	df
Kadar Hb (g/dL)	Pretest Kontrol	0.208	20	0.023	0.908	20
	Posttest Kontrol	0.162	20	0.178	0.935	20
	Pretest Intervensi	0.178	20	0.096	0.941	20
	Posttest Intervensi	0.128	20	0.200 *	0.946	20

Tests of Normality

	Kelompok	Shapiro-Wilk ^a
		Sig.
Kadar Hb (g/dL)	Pretest Kontrol	0.058
	Posttest Kontrol	0.193
	Pretest Intervensi	0.250
	Posttest Intervensi	0.312

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Test of Homogeneity of Variance

		Levene Statistic	df1	df2	Sig.
Kadar Hb (g/dL)	Based on Mean	3.317	1	38	0.076
	Based on Median	2.662	1	38	0.111
	Based on Median and with adjusted df	2.662	1	36.785	0.111
	Based on trimmed mean	3.374	1	38	0.074

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL)	10.485	20	0.3376	0.0755
	Hb Post Test Kelompok Kontrol (g/dL)	10.945	20	0.3576	0.0800

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL) & Hb Post Test Kelompok Kontrol (g/dL)	20	0.956	0.000

Paired Samples Test

		Paired Differences			
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference
					Lower
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL) - Hb Post Test Kelompok Kontrol (g/dL)	-0.4600	0.1046	0.0234	-0.5090

Paired Samples Test

		Paired Differences			
		95% Confidence Interval of the Difference			
		Upper	t	df	Sig. (2-tailed)
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL) - Hb Post Test Kelompok Kontrol (g/dL)	-0.4110	-19.662	19	0.000

Paired Samples Effect Sizes

			Standardiz er ^a	Point Estima te	95% Confidence Interval Lower
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL) -	Cohen's d	0.1046	-4.396	-5.844
	Hb Post Test Kelompok Kontrol (g/dL)	Hedges' correctio n	0.1068	-4.309	-5.728

Paired Samples Effect Sizes

			95% Confidence Interval ^a Upper
Pair 1	Hb Pre Test Kelompok Kontrol (g/dL) - Hb	Cohen's d	-2.937
	Post Test Kelompok Kontrol (g/dL)	Hedges' correction	-2.878

a. The denominator used in estimating the effect sizes.

Cohen's d uses the sample standard deviation of the mean difference.

Hedges' correction uses the sample standard deviation of the mean difference, plus a correction factor.

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL)	10.390	20	0.2751	0.0615
	Hb Post Test Kelompok Intervensi (g/dL)	11.580	20	0.2687	0.0601

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL) & Hb Post Test Kelompok Intervensi (g/dL)	20	0.730	0.000

Paired Samples Test

		Paired Differences			
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference Lower
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL) - Hb Post Test Kelompok Intervensi (g/dL)	-1.1900	0.1997	0.0447	-1.2835

Paired Samples Test

		Paired Differences		t	df	Sig. (2-tailed)
		95% Confidence Interval of the Difference				
		Upper	Lower			
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL) - Hb Post Test Kelompok Intervensi (g/dL)	-1.0965	-1.2835	-26.644	19	0.000

Paired Samples Effect Sizes

			Standardiz er ^a	Point Estima te	95% Confidence Interval Lower
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL) - Hb Post Test Kelompok Intervensi (g/dL)	Cohen's d	0.1997	-5.958	-7.881
		Hedges' correction	0.2038	-5.839	-7.724

Paired Samples Effect Sizes

			95% Confidence Interval ^a Upper
Pair 1	Hb Pre Test Kelompok Intervensi (g/dL) - Hb Post Test Kelompok Intervensi (g/dL)	Cohen's d	-4.024
		Hedges' correction	-3.944

a. The denominator used in estimating the effect sizes.

Cohen's d uses the sample standard deviation of the mean difference.

Hedges' correction uses the sample standard deviation of the mean difference, plus a correction factor.

Group Statistics

		Kelompok	N	Mean	Std. Deviation	Std. Error Mean
Kadar Hb (g/dL)	Post test Kontrol		20	10.945	0.3576	0.0800
	Posttest Intervensi		20	11.580	0.2687	0.0601

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means	
		F	Sig.	t	df
Kadar Hb (g/dL)	Equal variances assumed	3.317	0.076	-6.349	38
	Equal variances not assumed			-6.349	35.271

Independent Samples Test

		t-test for Equality of Means		
		Sig. (2-tailed)	Mean Difference	Std. Error Difference
Kadar Hb (g/dL)	Equal variances assumed	0.000	-0.6350	0.1000
	Equal variances not assumed	0.000	-0.6350	0.1000

Independent Samples Test

t-test for Equality of Means

95% Confidence Interval of the
Difference

		Lower	Upper
Kadar Hb (g/dL)	Equal variances assumed	-0.8375	-0.4325
	Equal variances not assumed	-0.8380	-0.4320

Independent Samples Effect Sizes

		Standardiz er ^a	Point Estima te	95% Confidence Interval	
				Lower	Upper
Kadar Hb (g/dL)	Cohen's d	0.3163	-2.008	-2.765	-1.233
	Hedges' correction	0.3227	-1.968	-2.710	-1.209
	Glass's delta	0.2687	-2.363	-3.320	-1.380

a. The denominator used in estimating the effect sizes.

Cohen's d uses the pooled standard deviation.

Hedges' correction uses the pooled standard deviation, plus a correction factor.


Glass's delta uses the sample standard deviation of the control group.

Lampiran 5 Dokumentasi

DOKUMENTASI



Lampiran 6 Surat Permohonan Izin Penelitian



Kemenkes
Poltekkes Tasikmalaya

Kementerian Kesehatan
Direktorat Jenderal
Sumber Daya Manusia Kesehatan
Politeknik Kesehatan Tasikmalaya
Jalan Babakan Siliwangi No.33, Kahuripan, Tasang
Tasikmalaya, Jawa Barat 46115
☎ (0265) 340186
🌐 <https://poltekkestasikmalaya.ac.id>

Tasikmalaya, 10 Februari 2026

Nomor : PP.06.02/F.XVIII.12/224/2026

Hal : Permohonan Izin Penelitian

Yth : Kepala UPT Puskesmas Maroko
Kabupaten Garut

Di-
Tempat

Disampaikan dengan hormat, bahwa untuk memenuhi kebutuhan mahasiswa Program Studi Sarjana Terapan Kebidanan Kelas RPL Poltekkes Kemenkes Tasikmalaya Tahun Akademik 2025/2026, dalam hal ini memohon izin untuk melaksanakan penelitian di UPT Puskesmas Maroko Kabupaten Garut yang Bapak/Ibu pimpin. Kegiatan ini dilakukan untuk keperluan penyusunan Skripsi.


Adapun nama mahasiswa tersebut sebagai berikut :

Nama : Norma Mauliani Putri

NIM : P20624325068

Judul Skripsi : Perbedaan Efektifitas Pemberian Tablet Fe Dengan Tablet Fe Dan Buah Naga Terhadap Kadar Hemoglobin Pada Ibu Hamil Dengan Anemia Di Puskesmas Maroko Kabupaten Garut 2026


Demikian surat permohonan ini saya sampaikan, atas perhatian dan kerjasama yang baik kami ucapkan terimakasih.



Ketua Jurusan Kebidanan

Dr. Yati Budiarti SST., M.Keb
NIP. 197512152001122001

Kementerian Kesehatan tidak menerima suap dan/atau gratifikasi dalam bentuk apapun. Jika terdapat potensi suap atau gratifikasi silakan laporkan melalui HALO KEMENKES 1500567 dan <https://whs.kemkes.go.id>. Untuk verifikasi keaslian Tanda Tangan Elektronik, silakan unggah dokumen pada laman <https://te.kemdik.go.id/verifyPDF>



Lampiran 7 Curriculum Vitae

Norma Mauliani Putri, S.Tr.Keb



DATA PRIBADI

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Jenis Kelamin : Perempuan

Agama : Islam

Email : normamaulianiputri92@gmail.com

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- SD NEGERI 1 BAYONGBONG (1999-2004)
- SMP NEGERI 2 BAYONGBONG (2004-2007)
- PAKET C (2010)
- AKBID YPSDMI GARUT (2010-2013)