

DAFTAR PUSTAKA

- American Cancer Society. (2021). *What Is Breast Cancer*. <https://www.cancer.org/cancer/breast-cancer/about/what-is-breast-cancer.html>
- Aris noviani., Y. A. (2022). Peningkatan Edukasi Pemeriksaan Payudara Sendiri (SADARI) Pada Remaja Putri di Kecamatan Medan Tuntungan. *Journal of Community Development*, 3(2), 268–271. <https://doi.org/10.47134/comdev.v3i2.230>
- Aristania, S. &. (2024).) = 0,001 artinya ada pengaruh kuat pendidikan kesehatan tentang pemeriksaan payudara sendiri terhadap pengetahuan tentang SADARI pada remaja . *Sikap* (α. 07(November), 113–124.
- Azka Ghaida Hauna, Dicky Santosa, & Herry Garna. (2025). Hubungan Usia dan Kontrasepsi Hormonal dengan Fibroadenoma Mammae pada Pasien di Poliklinik Bedah Rumah Sakit SMC Tasikmalaya Tahun 2022–2023. *Bandung Conference Series: Medical Science*, 5(1), 769–776. <https://doi.org/10.29313/bcsms.v5i1.17115>
- Bickley, L. S. (2021). *Bates' guide to physical examination and history taking*. <https://shop.lww.com/Bates--Guide-to-Physical-Examination-and-History-Taking/p/9781496398178>
- BKKBN. (2021). *Profil Remaja Indonesia 2021*. <https://www.bkkbn.go.id/>
- Carolina, A., Indriani, F., & Ismah, Z. (2024). Analisis Determinan Perilaku Pemeriksaan Payudara Sendiri (SADARI) Analysis Of Determinants Of Breast Self Examination Behavior (SADARI) In Adolescent Girls. 16(2), 252–264.
- Chan, S., Su, M. Y. L., Lei, F. J., Wu, J. P., Lin, M., Nalcioğlu, O., Feig, S. A., & Chen, J. H. (2021). Menstrual cycle-related fluctuations in breast density measured by using threedimensional MR imaging. *Radiology*, 261(3), 744–751. <https://doi.org/10.1148/radiol.11110506>
- Di, S., & Gantar, S. (2024). *Fibroadenoma Mammae Dengan Motivasi Melakukan*. 8, 1941–1949.
- Dillard, T., Jones, J., Bernard, B., Rudd, R., Anderson, S., Foster, C., & Goswami, T. (2025). *Breast Density and Volume Changes During the Menstrual Cycle Menstrual Cycle Follicular Phase*. C(1), 120–133. <https://doi.org/10.25082/AGPM.2024.01.003>
- Dwitania, E. F., Azizah, N., & Rosyidah, R. (2021). Praktik Pemeriksaan Payudara Sendiri (SADARI) pada Remaja Putri Berdasarkan Pengetahuan Practice of Breast Self-Examination (SADARI) in Adolescent Based on Knowledge.

- Midwiferia Jurnal Kebidanan*, 7(2), 2548–2246.
<https://midwiferia.umsida.ac.id/index.php>
- Franjic, S. (2021). *Breast Health*. 21(4).
<https://doi.org/10.19080/JGWH.2021.21.556068>
- Ginting, E. I. B., Sarmiati, S., & Utari, U. (2025). Pengetahuan dan perilaku pemeriksaan payudara sendiri (SADARI) pada remaja putri. *Jurnal Keperawatan Komunitas*, 9(1), 12–21.
- Guyton, A. C. Hall, J. E. (2021). *Textbook of medical physiology*.
<https://www.elsevier.com/books/textbook-of-medical-physiology/guyton/9780323597128>
- Herawati Jaya, I. K. (2024). *Indonesian Journal of Global Health Research*. 6(October), 797–806.
- Hirawati, H. (2021). *Pemberian Informasi Tentang Pemeriksaan Payudara Sendiri (Sadari) Pada Remaja*. 101–104.
- Indrayani, E., Mutoharoh, S., & Astutiningrum, D. (2020). Deteksi Dini Kanker Payudara Dengan Sadanis Dan Kanker Serviks Dengan Iva Di Kecamatan Sempor. *The 11 Th University Research Colloquium 2020 Universitas 'Aisyiyah Yogyakarta*, 169–173.
<http://repository.urecol.org/index.php/proceeding/article/view/1060>
- Jaksa, S., Fachri, M., Andriyani, A., Lusida, N., & Ahmad, G. (2024). *Original Research Article Risk factors for fibroadenoma mammae (FAM) among adult women at the South Tangerang General Hospital in Indonesia*. 8(1), 1–10.
<https://doi.org/10.24294/ti.v8.i1.6410>
- Kandasamy, G., Almaghaslah, D., & Almanasef, M. (2024). *towards breast self-examination among women : a web based community study*. October, 1–8.
<https://doi.org/10.3389/fpubh.2024.1450082>
- Kemendes RI. (2020). *Profil kesehatan remaja Indonesia 2020*. Kementerian Kesehatan RI.
- Kılıç, F. (2015). *Changes in the elasticity of fibroadenoma during the menstrual cycle determined by real-time sonoelastography*.
<https://pubmed.ncbi.nlm.nih.gov/25814397/>
- Kristiana, R., Syakyra, S. R., Hamidah, E., Septiadi, E., Sejati, F., & Bisri, T. (2025). Characteristics, Clinical Features, And Management Of Fibroadenoma Mammae Patients At Dustira Hospital Cimahi. *Jurnal Eduhealth*, 16(1), 22. <https://doi.org/10.54209/eduhealth.v16i01>
- Kurniasih, H. (2021). *Buku Saku Deteksi Dini Kanker Payudara*. Politeknik Kesehatan Kemenkes Semarang. 978-623-5709-04-8
- Mahendra, M., Zuhendry, Z., Ramsky, D., & Harahap, D. T. (2024). *Case Report of Benign Breast Tumor : Fibroadenoma Mammae*. 3(3), 109–114.

- Mesakh, B. D., Gracia, C., Binti, S., Banjarnahor, D. P. P., Rambung, E., & Adrianto, H. (2023). *Fibroadenoma Mammae: Prevensi Berdasarkan Karakteristik dan Faktor Risiko Mammary Fibroadenoma: Characteristic-Based Prevention and Risk Factors*. 30(1), 45–52.
- Notoatmodjo, S. (2021). *Ilmu Perilaku Kesehatan*. Rineka Cipta. <https://opac.perpusnas.go.id/DetailOpac.aspx?id=1139859>
- Ogochukwu, A. G. (2023). A Review on the Prevalence and Management of Fibroadenoma Cases in Ages 18-39 Years Within 2016-2020 At Asokoro District Hospital, Abuja, Nigeria. *Japan J Med*, 1(1), 11. <https://www.researchsquare.com/article/rs-3125463/v1>
- Peng, Y., Xie, F., Zhao, Y., & Wang, S. (2021). Clinical practice guideline for breast fibroadenoma: Chinese Society of Breast Surgery (CSBrS) practice guideline 2021. *Chinese Medical Journal*, 134(9), 1014–1016. <https://doi.org/10.1097/CM9.0000000000001462>
- Polit, D. F., Beck, C. T. (2021). *Nursing research: Generating and assessing evidence for nursing practice*. Wolters Kluwer. https://nursing.lsuhs.edu/JBI/docs/Nursing_Research.pdf
- Povitasari, P., Kurniati, Y. P., Lestari, N., & Mahmudah, N. (2025). Relationship between Obesity and Location of Residence with The Incidence of Fibroadenoma Mammae. *Proceeding ISETH (International Summit on Science, Technology, and Humanity)*, 25, 1291–1297. <https://doi.org/10.23917/iseth.5531>
- Reddy, S., Jr, R., Chandak, S., Chandak, M. S., & Annareddy, S. (2023). A Comprehensive Review of Breast Fibroadenoma: Correlating Clinical and Pathological Findings. 15(12). <https://doi.org/10.7759/cureus.49948>
- Riduwan. (2017). *Skala Variabel Penelitian*. Alfabeta.
- Rifki Muhammad. (2024). *JURNAL+6+Hubungan+Antara+Penggunaan+Kontrasepsi+Dengan+Kejadian+Fibroadenoma+Mammae+(Fam)+Di+Rumah+Sakit+Budi+Kemuliaan+Batam (1)*. 14(2), 143–153.
- Sarwono, S. W. (2016). *Perkembangan, masalah, dan intervensi*. RajaGrafindo Persada.
- Smeltzer, S. C. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing Edition: 15*. Wolters Kluwer. <https://shop.lww.com/Brunner---Suddarth-s-Textbook-of-Medical-Surgical-Nursing/p/9781975161037>
- Sugiyono. (2019). *Metode penelitian kuantitatif, kualitatif, dan R&D*. <https://opac.perpusnas.go.id/DetailOpac.aspx?id=1226667>
- WHO. (2022). *Adolescent health*. <https://www.who.int/health-topics/adolescent-health>

