

GAMBARAN PENGALAMAN KARIES GIGI .DAN PERILAKU MENYIKAT GIGI PADA SISWA KELAS IV SDN ANAKA TASIKMALAYA

Aqsha Kezha Kezya¹

¹Mahasiswa Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya
Aqshakezya5@gmail.com

ABSTRAK

Latar Belakang : Karies gigi merupakan masalah kesehatan gigi yang umum pada anak usia sekolah dasar, salah satunya disebabkan oleh perilaku menyikat gigi yang kurang tepat. Berdasarkan data Riskesdas 2018, prevalensi masalah gigi dan mulut di Indonesia meningkat, termasuk di SDN Anaka Tasikmalaya yang memiliki angka karies cukup tinggi. Penelitian ini bertujuan untuk menggambarkan pengalaman karies dan perilaku menyikat gigi siswa kelas IV di sekolah tersebut. **Jenis Penelitian :** Penelitian menggunakan metode deskriptif observasional dengan total 35 responden yang dipilih melalui teknik total sampling. Data dikumpulkan melalui kuesioner dan pemeriksaan langsung menggunakan indeks DMF-T untuk gigi tetap dan def-t untuk gigi sulung. **Hasil :** Rata-rata indeks DMF-T adalah 1,8 dan def-t sebesar 1,62, yang dikategorikan rendah. Sebagian besar siswa memiliki perilaku menyikat gigi yang baik (51,4%), cukup (31,4%), kurang (11,4%), dan sangat baik (5,7%), tanpa kategori sangat kurang. Hasil ini menunjukkan hubungan antara perilaku menyikat gigi dengan tingkat keparahan karies. **Kesimpulan** perilaku menyikat gigi yang baik berkontribusi dalam menurunkan angka kejadian karies. Meski demikian, edukasi terkait waktu dan teknik menyikat gigi yang benar masih perlu ditingkatkan untuk hasil yang lebih optimal.

Kata Kunci : Karies gigi, perilaku menyikat gigi, siswa sekolah dasar

Daftar Pustaka : 43 (2012-2024)

FINDINGS OF DENTAL CARIES EXPERIENCE AND DENTAL BRUSHING BEHAVIOR IN STUDENTS CLASS IV OF SDN ANAKA TASIKMALAYA

Aqsha Kezha Kezha¹

¹Student of Dental Health Department of Poltekkes Kemenkes Tasikmalaya
Aqshakezha5@gmail.com

ABSTRACT

Background: Dental caries is a common dental health problem in elementary school children, one of which is caused by inappropriate tooth brushing behavior. Based on Riskesdas 2018 data, the prevalence of dental and oral problems in Indonesia is increasing, including at SDN Anaka Tasikmalaya which has a high caries rate. This study aims to describe the caries experience and tooth brushing behavior of grade IV students at the school. **Research Type:** The study used descriptive observational method with a total of 35 respondents selected through total sampling technique. Data were collected through questionnaires and direct examination using the DMF-T index for permanent teeth and def-t for primary teeth. **Results:** The average DMF-T index was 1.8 and def-t was 1.62, which was categorized as low. Most students had good (51.4%), fair (31.4%), poor (11.4%), and very good (5.7%) tooth brushing behavior, with no category of very poor. These results indicate a relationship between tooth brushing behavior and caries severity. **Conclusion:** good tooth brushing behavior contributes to reducing the incidence of caries. However, education regarding the correct timing and technique of brushing still needs to be improved for more optimal results.

Keywords: Dental caries, tooth brushing behavior, elementary school students

Reference : 43 (2012-2024)