

GAMBARAN TINGKAT KEBERSIHAN GIGI DAN MULUT SERTA PERILAKU MENGGOSOK GIGI PADA SISWA KELAS IV SD NEGERI PATARUMAN SUMEDANG

Muhammad Rafly

Mahasiswa Diploma III Kesehatan Gigi Poltekkes Tasikmalaya
Email : mraflyxia1@gmail.com

ABSTRAK

Latar Belakang: Kebersihan gigi dan mulut merupakan faktor dasar bagi terciptanya kesehatan gigi dan mulut. Praktek kebersihan mulut merupakan tindakan pencegahan yang paling utama dianjurkan dan dapat dilakukan dengan cara menggosok gigi. Kelompok anak usia dasar merupakan kelompok yang sering mengalami masalah kesehatan gigi dan mulut. Pada usia sekolah walaupun kemampuan motorik halus dan kasar sudah mengalami kemajuan tetapi anak belum mampu menyikat gigi dengan baik dalam mencapai kebersihan gigi mereka, sehingga perlu diwaspadai atau dikelola secara baik dan benar. **Tujuan:** Mengetahui gambaran tingkat kebersihan gigi dan mulut anak serta perilaku menggosok gigi pada siswa kelas IV Sekolah Dasar Negeri Pataruman Sumedang. **Metode:** Metode penelitian ini adalah penelitian deskriptif. Populasi dari penelitian ini adalah 29 siswa. Pengambilan sampel dengan menggunakan total sampling dan di analisis serta disajikan dalam bentuk distribusi frekuensi. **Hasil:** Kebersihan gigi dan mulut siswa yang memiliki kriteria sangat baik mencapai (21%), kriteria baik mencapai (31%), dan kriteria sedang mencapai (48%). Siswa yang memiliki kriteria menggosok gigi sangat baik mencapai (38%), kriteria baik mencapai (55%), dan kriteria cukup baik mencapai (7%). **Kesimpulan:** Siswa Kelas IV Sekolah Dasar Negeri Pataruman Sumedang sebagian besar memiliki kriteria kebersihan gigi dan mulut baik ke sangat baik mencapai (52%) dan kriteria menggosok gigi baik mencapai (55%), dari data tersebut dapat disimpulkan bahwa semakin baik tingkat kebersihan gigi dan mulut maka semakin baik perilaku menggosok gigi siswa.

Kata Kunci: Kebersihan Gigi dan Mulut, Menggosok Gigi, Anak Sekolah Dasar.

Daftar Pustaka: 48 Sumber (2014-2024)

**DESCRIPTION OF THE LEVEL OF DENTAL AND MOUTH
CLEANLINESS AND TEETH BRUSHING BEHAVIOR
IN CLASS IV STUDENTS AT THE PATARUMAN
SUMEDANG STATE ELEMENTARY SCHOOL**

Muhammad Rafly

Diploma III Dental Health Student, Tasikmalaya Health Polytechnic

Email : mraflyxia1@gmail.com

ABSTRACT

Background: Dental and oral hygiene is a basic factor for creating dental and oral health. Oral hygiene practice is the most important preventive measure recommended and can be done by brushing your teeth. The elementary age group of children is a group that often experiences dental and oral health problems. At school age, although fine and gross motor skills have progressed, children are not yet able to brush their teeth properly to achieve dental hygiene, so they need to be watched out for or managed properly and correctly. **Objective:** To determine the level of oral hygiene of children and the behavior of brushing their teeth in class IV students at the Pataruman Sumedang State Elementary School. **Method:** This research method is descriptive research. The population of this research was 29 students. Sampling was taken using total sampling and analyzed and presented in the form of a frequency distribution. **Results:** Dental and oral hygiene of students who had very good criteria achieved (21%), good criteria achieved (31%), and moderate criteria achieved (48%). Students who had the criteria for brushing their teeth very well achieved (38%), achieved the criteria well (55%), and achieved the criteria quite well (7%). **Conclusion:** The majority of Class IV students at the Pataruman Sumedang State Primary School have good to very good dental and oral hygiene criteria (52%) and good tooth brushing criteria (55%), from these data it can be concluded that the better the level of dental and oral hygiene, the better the students' tooth brushing behavior.

Keywords: Dental and Oral Hygiene, Brushing Teeth, Elementary School Children.

Bibliography: 48 Sources (2014-2024)