

**GAMBARAN PENGETAHUAN SERTA PERILAKU PENCEGAHAN
GINGIVITIS PADA IBU HAMIL YANG BERKUNJUNG
DI POSYANDU SOKA DESA GARAJATI
KABUPATEN KUNINGAN**

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ABSTRAK

Latar belakang: Kesehatan gigi dan mulut selama masa kehamilan merupakan aspek penting yang sering diabaikan, padahal perubahan hormonal pada ibu hamil dapat meningkatkan risiko terjadinya *gingivitis*. Berdasarkan data SKI tahun 2023, Persentase penduduk provinsi Jawa Barat yang mengalami masalah seperti gusi bengkak sebesar 10,9% dan gusi mudah berdarah sebesar 5,7%. Angka ini mencerminkan pentingnya perhatian terhadap kesehatan periodontal di masyarakat. Tujuan: mengetahui gambaran pengetahuan serta perilaku pencegahan *gingivitis* pada ibu hamil yang berkunjung di Posyandu Soka Desa Garajati Kabupaten Kuningan. Metode: Deskriptif dengan pendekatan kuantitatif, menggunakan kuesioner sebagai alat pengumpulan data. Sampel penelitian adalah seluruh ibu hamil yang berjumlah 30 orang. Hasil: Pengetahuan ibu hamil tentang pencegahan *gingivitis* berada pada kategori baik sebanyak 40%, sedang 40%, dan kurang 20%. Perilaku pencegahan *gingivitis* berada pada kategori baik sebanyak 66,7%, cukup 33,3%, dan kurang 0%. Kesimpulan: Ibu hamil telah memiliki perilaku pencegahan yang baik, namun masih diperlukan peningkatan pengetahuan untuk mendukung pencegahan *gingivitis* secara optimal.

Kata kunci : *gingivitis*, ibu hamil, pengetahuan, perilaku

**DESCRIPTION OF KNOWLEDGE AND BEHAVIOR OF GINGIVITIS
PREVENTION IN PREGNANT WOMEN WHO VISIT
POSYANDU SOKA GARAJATI VILLAGE
KUNINGAN REGENCY**

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ABSTRACT

Background : Dental and oral health during pregnancy is an important aspect that is often overlooked, yet hormonal changes in pregnant women can increase the risk of gingivitis. According to SKI data from 2023, the percentage of the population in West Java province experiencing issues such as swollen gums is 10.9% and easy bleeding gums is 5.7%. This figure reflects the importance of attention to periodontal health in the community. **Purpose:** This study aims to describe the knowledge and preventive behavior regarding gingivitis among pregnant women visiting Posyandu Soka in Garajati Village, Kuningan Regency. **Method:** Descriptive with a quantitative approach, using a questionnaire as a data collection tool. The research sample consists of all pregnant women totaling 30 people. **Results:** The knowledge of pregnant women about the prevention of gingivitis is categorized as good at 40%, moderate at 40%, and poor at 20%. The behavior of gingivitis prevention is categorized as good at 66.7%, fair at 33.3%, and poor at 0%. **Conculusion:** Pregnant women exhibit good preventive behaviors, there is still a need to improve their knowledge to optimize gingivitis prevention.

Keywords : gingivitis, pregnant woman, knowledge