

**GAMBARAN PENGETAHUAN MENYIKAT GIGI DAN KARIES GIGI
MOLAR PERTAMA PADA MURID KELAS V DI SDN 2 GOBRAS
KOTA TASIKMALAYA**

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ABSTRAK

Latar Belakang: karies gigi molar pertama permanen masih menjadi masalah utama pada anak usia sekolah dasar. Karies sering terjadi karena rendahnya pengetahuan dan kebiasaan menyikat gigi yang tidak tepat. Gigi molar pertama permanen berfungsi sebagai gigi pengunyah utama dan penopang susunan gigi, sehingga kerusakan pada gigi berdampak pada fungsi pengunyahan dan estetik. **Tujuan:** untuk mengetahui gambaran pengetahuan menyikat gigi dan karies gigi molar pertama permanen. **Metode:** penelitian ini menggunakan deskriptif dengan metode survei. Pengambilan sampel menggunakan *total sampling*. Alat ukur penelitian menggunakan lembar kuesioner dan lembar format karies gigi molar pertama permanen. **Hasil Penelitian:** hasil penelitian jumlah murid kelas V 32 orang di SDN 2 Gobras Kota Tasikmalaya yang memiliki tingkat pengetahuan tentang menyikat gigi yang terbanyak kriteria baik 4 orang (12,5), kriteria cukup berjumlah 24 orang (75%), sedangkan kriteria buruk 4 orang (12,5%). Jumlah murid yang mengalami karies gigi molar pertama permanen sebanyak 28 orang (34,57%), dengan jumlah rata-rata setiap orang yang mengalami karies gigi molar pertama permanen sebanyak 82 gigi molar (64,1%) dengan karies terbanyak ditemukan pada gigi 36 (29,27%). **Kesimpulan:** berdasarkan hasil penelitian menyimpulkan bahwa mayoritas murid kelas V memiliki pengetahuan menyikat gigi dalam kategori cukup, namun angka karies gigi molar pertama permanen masih tinggi. Edukasi tentang cara menyikat gigi yang benar sangat diperlukan untuk menekan angka karies sejak usia dini.

Kata Kunci: Pengetahuan Menyikat Gigi, Karies Gigi Molar Pertama Permanen.
Daftar Pustaka: 44 sumber (1916-2023)

**DESCRIPTION OF TEETH BRUSHING KNOWLEDGE AND FIRST
MOLAR TEETH CARIES EXPERIENCE IN GRADE V STUDENTS
AT SDN 2 GOBRAS TASIKMALAYA CITY**

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ABSTRACT

Background: caries of the first permanent molar teeth is still a major problem in elementary school children. Caries often occurs due to low knowledge and improper brushing habits. The first permanent molar teeth function as the main chewing teeth and support the arrangement of teeth, so that damage to the teeth has an impact on the chewing function and aesthetics. **Objective:** to find out the overview of knowledge about brushing teeth and caries of permanent first molar teeth. **Method:** This study uses a descriptive method with a survey method. Sampling using total sampling. The research measuring instrument uses a questionnaire sheet and a permanent first molar caries format sheet. **Research Results** The results of the study showed that the number of fifth grade students at SDN 2 Gobras Tasikmalaya City was 32 people who had the highest level of knowledge about how to brush their teeth with good criteria of 4 people (12.5%), sufficient criteria of 24 people (75%), while the criteria were lacking of 4 people (12.5%). The number of students who experienced caries of the first permanent molar was 28 people (34.57%), with an average of each person experiencing caries of the first permanent molar as many as 82 molar teeth (64.1%) with the most caries in tooth 36 (29.27%). **Conclusion:** Based on the results of the study, it was concluded that most fifth grade students have sufficient knowledge about how to brush their teeth, but the rate of caries in the first molar teeth is still high. Education on how to brush teeth properly is needed to reduce caries rates early on.

Keywords: Toothbrushing Knowledge, Permanent First Molar Caries.

Bibliography: 44 sources (1916-2023)