

GAMBARAN PENGETAHUAN IBU TENTANG PEMELIHARAAN KESEHATAN GIGI DAN PENGALAMAN KARIES GIGI ANAK DI PAUD SAMIDAH KABUPATEN CIREBON

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ABSTRAK

Latar Belakang: Karies gigi pada anak usia dini masih menjadi masalah kesehatan masyarakat yang signifikan. Karies gigi dapat menimbulkan rasa nyeri dan infeksi serta dapat mempengaruhi kesehatan anak secara keseluruhan, menurut data terbaru Survei Kesehatan Indonesia (SKI, 2023) prevalensi gigi berlubang anak usia dini di Jawa Barat mencapai 48%. Peran orang tua khususnya ibu sangat menentukan dalam pemeliharaan kesehatan gigi anak, sebagai pengasuh utama anak pengetahuan ibu mengenai kesehatan gigi yang diketahui dapat mempengaruhi perilaku perawatan gigi anak. **Tujuan:** Mengetahui gambaran pengetahuan ibu tentang pemeliharaan kesehatan gigi dan pengalaman karies gigi anak di PAUD Samidah Kabupaten Cirebon. **Metode:** Desain survei analitik dengan pendekatan *cross sectional*, jumlah sampel 80 orang yang terdiri dari 40 ibu dan 40 anak PAUD Samidah. Data dikumpulkan melalui kuesioner pengetahuan ibu dan pemeriksaan *def-t* pada anak, teknik pengambilan sampel menggunakan total *sampling*. **Hasil:** Penelitian telah dilaksanakan dengan hasil sebagai berikut 20% ibu memiliki pengetahuan baik, 75% sedang, dan 5% kurang. Pengalaman karies gigi anak berdasarkan indeks *def-t* menunjukkan bahwa 15% anak berada dalam kategori rendah, 22,5 % sedang, dan 62,5% tinggi. **Kesimpulan:** Pengetahuan ibu sebagian besar berada pada kategori sedang dan sebagian besar anak mengalami karies gigi dalam kategori tinggi. Diperlukan upaya edukasi yang berkelanjutan kepada ibu guna meningkatkan pemeliharaan kesehatan gigi anak sejak dini.

Kata kunci: Pengetahuan ibu, pengalaman karies gigi anak, PAUD

Referensi: 41 (2010-2024)

OVERVIEW OF MOTHER'S KNOWLEDGE ABOUT DENTAL HEALTH MAINTENANCE AND CHILDREN'S DENTAL CARIES EXPERIENCE AT PAUD SAMIDAH CIREBON REGENCY

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ABSTRACT

Background: Dental caries in early childhood is still a significant public health problem. Dental caries can cause pain and infection and can affect the overall health of children, according to the latest data from the Indonesian Health Survey (SKI, 2023) the prevalence of cavities in early childhood in West Java reached 48%. The role of parents, especially mothers, is very important in maintaining children's dental health, as the main caregivers of children, mothers' knowledge of dental health is known to influence children's dental care behavior. **Objective:** To determine the description of mothers' knowledge about dental health maintenance and children's dental caries experience at PAUD Samidah, Cirebon Regency. **Method:** Analytical survey design with a cross-sectional approach, a sample size of 80 people consisting of 40 mothers and 40 PAUD Samidah children. Data were collected through maternal knowledge questionnaires and def-t examinations on children, the sampling technique used total sampling. **Results:** The study was conducted with the following results: 20% of mothers had good knowledge, 75% moderate, and 5% less. Children's dental caries experience based on the def-t index showed that 15% of children were in the low category, 22,5% moderate, and 62,5% high. **Conclusion:** Most mothers' knowledge was in the moderate category and most children experienced dental caries in the high category. Continuous educational efforts are needed for mothers to improve children's dental health maintenance from an early age.

Keywords: Mother's knowledge, children's dental caries experience, PAUD
Reference: 41 (2010-2024)