

**Pengaruh Pendampingan Keterampilan Guru tentang Cara Menyikat Gigi
terhadap Tingkat Kebersihan Gigi dan Mulut Murid Tunagrahita
Ringan di SLB Yayasan Bahagia Kota Tasikmalaya**

ABSTRAK

Latar belakang : Murid tunagrahita memiliki risiko yang lebih tinggi akan masalah kebersihan gigi dan mulut, karena murid tunagrahita memiliki keterbelakangan intelektual. Keberhasilan untuk membersihkan gigi dan mulut membutuhkan pendampingan dari guru yang sabar, dan tulus hati. Sehingga dilakukan pendampingan keterampilan guru tentang cara menyikat gigi agar bisa diaplikasikan di sekolah. **Tujuan :** Untuk mengetahui pengaruh pendampingan keterampilan guru tentang cara menyikat gigi terhadap tingkat kebersihan gigi dan mulut murid tunagrahita ringan di SLB Yayasan kota Tasikmalaya. **Metode :** Menggunakan rancangan penelitian deskriptif observasi analitik dengan metode *quasi eksperimen with pre and post test design*. Teknik sampel yang digunakan yaitu *total sampling* didapatkan 30 orang guru dan 30 orang murid tunagrahita ringan dengan jumlah keseluruhan 60 orang. Data penelitian didapatkan dengan penilaian keterampilan guru dalam membimbing murid tunagrahita ringan tentang cara menyikat gigi yang baik dan benar menggunakan lembar *checklist* penilaian dan pemeriksaan kebersihan gigi dan mulut anak tunagrahita ringan menggunakan lembar pemeriksaan *Hygiene Index* (HI). Analisa data uji *T-test* dengan aplikasi SPSS. **Hasil :** Hasil pendampingan keterampilan guru tentang cara menyikat gigi terhadap kebersihan gigi dan mulut murid tunagrahita ringan di SLB Yayasan Bahagia kota Tasikmalaya, yang menunjukkan hasil ($p = 0,000$). **Kesimpulan :** Ada pengaruh yang signifikan pendampingan keterampilan guru tentang cara menyikat gigi terhadap tingkat kebersihan gigi dan mulut murid tunagrahita ringan di SLB Yayasan Bahagia kota Tasikmalaya.

Kata Kunci : Pendampingan, Keterampilan, Guru, Cara Menyikat Gigi, Kebersihan Gigi dan Mulut, Murid Tunagrahita Ringan.

Daftar Pustaka : 48 (2013-2023).

The Influence of Teachers Brushing Skills on How to Brush Your Teeth to the Level of Dental and Oral Hygiene of Mildly Mentally Retarded Students in SLB Yayasan Bahagia, Tasikmalaya City

ABSTRACT

Background : Mildly mentally retarded students have a higher risk of dental and oral hygiene problems, because disabled students have intellectual retardation. Success in cleaning dental and oral hygiene requires an attendant of a patient and sincere teacher. So the teachers skills assistance on how to brush your teeth to be applied at school. **Objective** : To determine the influence of teacher skills on how to brush your teeth to the level of dental and oral hygiene of mildly mentally retarded students in SLB Yayasan Bahagia, Tasikmalaya city. **Method** : Using a descriptive study design of analytic observations. Using the method of quasi eksperiment with pre and post test design. The sample technique used is total sampling of 30 teachers and 30 students have a mild disabled student with a total of 60 people. Research data was obtained with a teachers assessment of skills in guiding a mild disabled student how to brush good and proper teeth using a assessment checklist sheet. Dental and oral hygiene mild disabled student the admission status Hygiene index sheet. The data analysis the T-test using SPSS application. **Results** : The results of an influence of teacher skills assistance on how to brush your teeth, which shows the results ($p = 0,000$). **Conclusion** : There was a significant impact the influence of teachers brushing skills on how to brush your teeth to the level of dental and oral hygiene of mildly mentally retarded students in SLB Yayasan Bahagia, Tasikmalaya city.

Keywords : Assistance, Skill, Teacher, How to Brush Your Teeth, Dental and Oral Hygiene, Mildly Mentally Retarded Students.

Bibliography : 48 (2013-2023).