

**HUBUNGAN TINGKAT PENGETAHUAN DAN PERILAKU PEMELIHARAAN  
KESEHATAN GIGI DAN MULUT DENGAN STATUS KEBERSIHAN  
GIGI DAN MULUT PADA MASYARAKAT KAMPUNG  
ADAT PULO GARUT**

**Jajuli A A<sup>1</sup> , Kusmana A<sup>2</sup> , Miko H<sup>3</sup>**

<sup>1)</sup> Mahasiswa Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya

<sup>2-3)</sup> Dosen Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya

[jajuliachmad24@gmail.com](mailto:jajuliachmad24@gmail.com)

**ABSTRAK**

**Latar Belakang:** Kampung Adat Pulo terletak di daerah Garut Jawa Barat adalah salah satu kampung yang masih mempercayai dan melestarikan adat dan budaya leluhurnya. Kampung Adat Pulo adalah salah satu kampung adat yang memiliki beberapa larangan adat dan kearifan lokal yang masih dipegang teguh sampai saat ini. Tradisi pengobatan tradisional Kampung Adat Pulo masih menggunakan bahan alam seperti pengobatan sakit gigi menggunakan getah jarak, pengobatan talang hawu, berkumur air garam, dan berkumur rebusan air cengeh. Oleh karena itu, kampung adat pulo menarik untuk diteliti terutama dalam pengetahuan dan perilaku pemeliharaan kesehatan gigi dan mulutnya. **Tujuan:** Menganalisis hubungan tingkat pengetahuan dan perilaku pemeliharaan kesehatan gigi dan mulut dengan status kebersihan gigi dan mulut pada Masyarakat Kampung Adat Pulo Kabupaten Garut. **Metode:** Jenis penelitian ini yaitu Deskriptif Analitik dan rancangan penelitiannya adalah *cross sectional*. Analisis data menggunakan Uji *Correlation rank spearman* dengan jumlah sampel 23 orang dengan teknik *total sampling*. Alat ukur menggunakan lembar kuesioner pengetahuan dan perilaku pemeliharaan kesehatan gigi dan mulut. **Hasil:** Hasil penelitian menunjukkan terdapat hubungan antara tingkat pengetahuan dan perilaku dengan status kebersihan gigi dan mulut dengan hasil pengetahuan mayoritas dengan kriteria cukup, perilaku mayoritas dengan kriteria sedang, dan status kebersihan gigi dan mulut mayoritas dengan kriteria sedang. **Kesimpulan:** Terdapat hubungan antara tingkat pengetahuan dan perilaku pemeliharaan kesehatan gigi dan mulut dengan status kebersihan gigi dan mulut pada Masyarakat Kampung Adat Pulo Kabupaten Garut.

**Kata Kunci:** Tingkat pengetahuan, perilaku, pemeliharaan kesehatan gigi dan mulut, status kebersihan gigi dan mulut, Kampung Adat Pulo.

**Daftar Pustaka:** 31 (2012 – 2023)

**THE RELATIONSHIP BETWEEN KNOWLEDGE LEVELS AND DENTAL AND  
ORAL HEALTH MAINTENANCE BEHAVIORS WITH DENTAL HYGIENE  
STATUS AND MOUTH TO THE VILLAGE COMMUNITY  
PULO GARUT CUSTOM**

**Jajuli A A<sup>1</sup> , Kusmana A<sup>2</sup> , Miko H<sup>3</sup>**

<sup>1)</sup> Students of the Department of Dental Health Poltekkes Kemenkes Tasikmalaya

<sup>2-3)</sup> Lecturer of Department of Dental Health Poltekkes Kemenkes Tasikmalaya

[jajuliachmad24@gmail.com](mailto:jajuliachmad24@gmail.com)

**ABSTRACT**

**Background:** Pulo Traditional Village located in Garut area, West Java is one of the villages that still believes in and preserves the customs and culture of its ancestors. Pulo Traditional Village is one of the traditional villages that has several traditional prohibitions and local wisdom that is still firmly held today. The traditional medicine tradition of Pulo Traditional Village still uses natural ingredients such as toothache treatment using castor sap, talang hawu treatment, gargling salt water, and gargling clove water stew. Therefore, the pulo traditional village is interesting to be researched, especially in the knowledge and behavior of maintaining oral and dental health.

**Objective:** Analyze the relationship between the level of knowledge and behavior of dental and oral health maintenance with the status of dental and oral hygiene in the Pulo Traditional Village Community of Garut Regency. **Method:** This type of research is Descriptive Analytic and the research design is cross sectional. Data analysis using spearman rank Correlation Test with a sample of 23 people with total sampling technique. The measuring instrument uses questionnaire sheets of knowledge and behavior of maintaining dental and oral health. **Results:** The results showed a relationship between the level of knowledge and behavior with the status of dental and oral hygiene with the results of the majority knowledge with sufficient criteria, the majority behavior with moderate criteria, and the majority dental and oral hygiene status with moderate criteria. **Conclusion:** There is a relationship between the level of knowledge and behavior of dental and oral health maintenance with the status of dental and oral hygiene in the Pulo Traditional Village Community of Garut Regency.

**Keywords:** Knowledge level, behavior, maintenance of oral and dental health, dental and oral hygiene status, Kampung Adat Pulo.

**Bibliography:** 31 (2012 – 2023)