

**PENGARUH PENYULUHAN MENGGUNAKAN MEDIA TIKTOK  
TERHADAP PENGETAHUAN TENTANG KARIES GIGI  
MURID KELAS X MA MU'MIN MA'SHUM  
KOTA TASIKMALAYA**

**Andini Putri Utami<sup>1</sup>, Anang<sup>2</sup>, Samjaji<sup>3</sup>**

<sup>1)</sup> Mahasiswa Program Studi Sarjana Terapan Terapi Gigi Jurusan Kesehatan gigi  
Poltekkes kemenkes tasikmalaya

<sup>2,3)</sup> Dosen Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya

**ABSTRAK**

**Pendahuluan:** Permasalahan kesehatan gigi dan mulut di Indonesia terbilang masih tinggi. Penyakit gigi dan mulut yang paling banyak dialami oleh masyarakat Indonesia yaitu masalah karies gigi. Riset Kesehatan Dasar (Riskesdas, 2018) menyatakan bahwa provinsi Jawa Barat mempunyai masalah gigi berlubang atau karies gigi sebesar 45,66%, dengan prevalensi angka karies di kelompok usia 15-24 tahun sebesar 37,55% dan prevalensi angka karies di Tasikmalaya sebesar 53,57%. Angka ini bahkan lebih tinggi dari rata-rata nasional ialah sebesar 45,3%. **Tujuan:** untuk mengetahui pengaruh penyuluhan menggunakan media tiktok terhadap pengetahuan tentang karies gigi murid kelas X MA Mu'min Ma'shum Kota Tasikmalaya. **Metode:** jenis penelitian ini menggunakan quasi eksperimental dengan rancangan *one-group pretest-posttest design*. Pengambilan sampel menggunakan total sampling dengan sampel penelitian berjumlah 42 murid. Analisa data yang digunakan adalah uji *wilcoxon* pada program SPSS 25. **Hasil:** Tingkat pengetahuan murid kelas X MA Mu'min Ma'shum Kota Tasikmalaya sebelum dan sesudah diberikan penyuluhan menggunakan media tiktok meningkat dari kriteria sedang sebanyak 52% yaitu 22 murid dengan nilai rata-rata pengetahuan 8,8 menjadi kriteria baik sebanyak 81% yaitu 34 murid dengan nilai rata-rata pengetahuan 16,6. **Kesimpulan:** Hasil uji *wilcoxon* diperoleh nilai *p-value* 0,000 <0,05 maka dapat disimpulkan hipotesis diterima, artinya ada pengaruh penyuluhan menggunakan media tiktok terhadap pengetahuan tentang karies gigi murid kelas X MA Mu'min Ma'shum Kota Tasikmalaya.

**Kata Kunci:** Penyuluhan, Tiktok, Pengetahuan, Karies Gigi, Remaja.

**Daftar Pustaka:** 49 (2014-2023).

**THE EFFECT OF COUNSELING USING TIKTOK MEDIA  
ON KNOWLEDGE ABOUT DENTAL CARIES  
IN CLASS X MA MU'MIN MA'SHUM  
TASIKMALAYA CITY**

**Andini Putri Utami<sup>1</sup>, Anang<sup>2</sup>, Samjaji<sup>3</sup>**

<sup>1)</sup> *Students of the Bachelor of Applied Dental Therapy Study Program,  
Department of Dental Health, Ministry of Health Polytechnic Tasikmalaya*

<sup>2,3)</sup> *Lecturer in the Department of Dental Health at the Ministry of Health  
Polytechnic Tasikmalaya*

**ABSTRACT**

**Introduction:** Dental and oral health problems in Indonesia are still high. The most common dental and oral disease experienced by the people of Indonesia is the problem of dental caries. Basic Health Research (Riskesdas, 2018) states that West Java province has cavities or dental caries problems of 45.66%, with the prevalence of caries in the age group of 15-24 years of 37.55% and the prevalence of caries in Tasikmalaya of 53.57%. This figure is even higher than the national average of 45.3%. **Purpose:** to determine the effect of counseling using tiktok media on knowledge about dental caries of grade X MA Mu'min Ma'shum students in Tasikmalaya City. **Method:** this type of research uses quasi-experimental design with a one-group pretest-posttest design. Sampling using total sampling with a research sample of 42 students. The data analysis used was the Wilcoxon test on the SPSS 25 program. **Results:** The level of knowledge of grade X MA Mu'min Ma'shum students in Tasikmalaya City before and after being given counseling using tiktok media increased from medium criteria by 52%, namely 22 students with an average knowledge score of 8.8 to good criteria by 81%, namely 34 students with an average knowledge score of 16.6. **Conclusion:** The results of the Wilcoxon test obtained a p-value of  $0.000 < 0.05$  so it can be concluded that the hypothesis is accepted, meaning that there is an influence of counseling using tiktok media on knowledge about dental caries of grade X MA students Mu'min Ma'shum Tasikmalaya City.

**Keywords:** Counseling, Tiktok, Knowledge, Dental Caries, Youth

**Bibliography:** 49 (2014-2023).