

**EFEKTIVITAS METODE DEMONSTRASI MENYIKAT GIGI
TERHADAP KEBERSIHAN GIGI DAN MULUT
TUNAGRAHITA RINGAN DI SLB YPK
CIJULANG PANGANDARAN**

Noviyanty¹. Suharja E,S². Sopianah, Y³.

¹⁾Mahasiswa Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya

^{2,3)}Dosen Jurusan Kesehatan Gigi Poltekkes Kemenkes Tasikmalaya

ABSTRAK

Latar Belakang : Kesehatan gigi dan mulut merupakan bagian dari kesehatan tubuh yang tidak dapat dipisahkan satu dengan lainnya. Anak tunagrahita memiliki tingkat keparahan masalah kesehatan gigi dan mulut yang tinggi. Peningkatan kebersihan gigi dan mulut dapat dilakukan dengan menyikat gigi. **Tujuan Penelitian** : mengetahui efektivitas metode demonstrasi menyikat gigi terhadap kebersihan gigi dan mulut tunagrahita ringan di SLB YPK Cijulang Pangandaran. **Metode Penelitian** : metode penelitian ini menggunakan jenis penelitian *quasi experiment* dengan rancangan *One Grup Pretest Posttest Design*. Pengambilan sampel dengan teknik *purpose sampling*. Subjek penelitian adalah anak tunagrahita ringan di SLB YPK Cijulang. **Hasil Penelitian** : Hasil analisis metode demonstrasi menyikat gigi tunagrahita ringan di SLB Ypk Cijulang Pangandaran sebelum diberikan metode demonstrasi menyikat gigi berkriteria baik 10 orang (33,3) dan Sesudah diberikan metode demonstrasi menyikat gigi berkriteria baik menjadi 14 orang (46,7%). Hasil analisis kebersihan gigi dan mulut tunagrahita ringan di SLB Ypk Cijulang Pangandaran Sebelum 5 orang berkriteria baik (16,7%) dan Sesudah menjadi 18 orang sebagian besar kriteria baik (60%). **Kesimpulan** : Terdapat Efektivitas metode demonstrasi menyikat gigi terhadap kebersihan gigi dan mulut tunagrahita ringan di SLB YPK Cijulang Pangandaran dengan hasil uji statistic *p-value* $0,000 < 0,05$.

Kata kunci : Demonstrasi, Menyikat gigi, Kebersihan gigi.

Daftar Pustaka : 2009-2022

**EFFECTIVENESS OF TOOTH BRUSHING DEMONSTRATION
METHOD ON DENTAL AND ORAL HYGIENE
MILD MENTAL RETARDATION IN SLB YPK
CIJULANG PANGANDARAN**

Noviyanty¹. Suharja E,S². Sopianah, Y³.

Student of Dental Health Department of Poltekkes Kemenkes Tasikmalaya
Lecturer of Dental Health Department of Poltekkes Kemenkes Tasikmalaya

ABSTRACT

Background: Oral health is part of body health that cannot be separated from one another. Children with disabilities have a high severity of oral health problems. Improving oral hygiene can be done by brushing teeth. **Research Objective:** to determine the effectiveness of the tooth brushing demonstration method on dental and oral hygiene of mild tunagrahita in SLB YPK Cijulang Pangandaran. **Research Methods:** this research method uses a type of quasi experiment research with One Group Pretest Posttest Design. Sampling with purpose sampling technique. The research subjects were mild tunagrahita children in SLB YPK Cijulang. **Research Results :** The results of the analysis of the demonstration method of brushing the teeth of mild intellectual impairment at SLB Ypk Cijulang Pangandaran before being given a demonstration method of brushing with good criteria of 10 people (33.3) and after being given a demonstration method of brushing with good criteria to 14 people (46.7%). The results of the analysis of dental and oral hygiene of mild intellectual impairment at SLB Ypk Cijulang Pangandaran Before 5 people had good criteria (16.7%) and After becoming 18 people, most of the criteria were good (60%). **Conclusion:** There is an effectiveness of the tooth brushing demonstration method on dental and oral hygiene of mild retardation in SLB YPK Cijulang Pangandaran with statistical test results p-value $0.000 < 0.05$.

Keywords: Demonstration, Brushing teeth, Dental hygiene.

Bibliography: 2009-2022