

HUBUNGAN KEBERSIHAN GIGI DAN MULUT DENGAN KEJADIAN GINGIVITIS PADA IBU HAMIL DI POSYANDU SALUYU KABUPATEN SUBANG

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ABSTRAK

Latar Belakang: Hasil pra penelitian yang telah dilakukan pada tanggal 7 Juli 2022 melalui wawancara pada ibu hamil di Posyandu Saluyu 1 Kabupaten Subang yaitu terdapat 8 orang ibu hamil mengalami *gingivitis* kehamilan dengan ditandai keluar darah dari gusi waktu menyikat gigi. Diketahui jumlah ibu hamil sebanyak 13,8% yang mau memeriksakan kesehatan gigi dan mulutnya ke Posyandu dikarenakan banyak ibu hamil yang bekerja di pabrik yang ada di wilayah Kecamatan Dawuan, dari data yang telah didapat tersebut maka diketahui tingkat kebersihan gigi dan mulut ibu hamil yang masih kurang. **Tujuan:** Mengetahui hubungan kebersihan gigi dan mulut dengan kejadian *gingivitis* pada ibu hamil di Posyandu Saluyu Kabupaten Subang. **Metode Penelitian:** Penelitian deskriptif menggunakan rancangan *cross sectional*. Besar sampel penelitian adalah 25 responden yang diambil secara *total sampling*. Analisis yang digunakan adalah uji korelasi *spearman*. **Hasil:** Adanya hubungan kebersihan gigi dan mulut dengan kejadian *gingivitis* pada ibu hamil di Posyandu Saluyu Kabupaten Subang. Berdasarkan hasil uji korelasi *spearman* dengan nilai $p=0,02$ ($r=0,455$) artinya terdapat hubungan yang bermakna antara faktor kebersihan gigi dan mulut dengan *gingivitis* kehamilan dan nilai korelasinya 0,455 kriteria cukup. **Kesimpulan:** Pemeriksaan OHI-S dan *Gingival Index* dalam upaya meningkatkan kesehatan gigi efektif untuk mencegah tingkat keparahan *gingivitis* ibu hamil di Posyandu Saluyu Kabupaten Subang.

Kata Kunci: Kebersihan Gigi dan Mulut, *Gingivitis*, Ibu Hamil.

RELATIONSHIP BETWEEN DENTAL AND ORAL HYGIENE AND GINGIVITIS ON PREGNANT WOMEN AT SALUYU POSYANDU SUBANG DISTRICT

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ABSTRACT

Background: The results of the pre-research have been carried out on 7th July 2022 through direct interviews with pregnant women at Saluyu 1 Posyandu, Dawuan District. There are 8 pregnant women who had *gingivitis* during pregnancy with the symptom is bleeding from the gums when brushing their teeth. About 13,8% of pregnant women who are willing to have their dental and oral exams at Posyandu because many pregnant women are factory workers in Dawuan District area, from the data that has been obtained it is known that the level of dental and oral hygiene of pregnant women is still lacking. **Purpose:** To determine the relationship between dental and oral hygiene and *gingivitis* on pregnant women at Saluyu Posyandu Subang District. **Research methods:** This study is descriptive research with cross sectional design. The number of samples in the study was 25 respondents who were taken by total sampling method. The analysis used is the *Spearman* correlation test. **Result:** There is a relationship between dental and oral hygiene and *gingivitis* on pregnant women at Saluyu Posyandu Subang District. Based on the results of the *Spearman* correlation test with a value of $p=0,02$ ($r=0,455$) it means that there is a relationship between dental and oral hygiene factors with *pregnancy gingivitis* and the correlation value is 0,455 with moderate criteria. **Conclusion:** OHI-S exams and *Gingival Index* in terms to increase dental health for preventive *gingivitis* severity of pregnant women at Saluyu Posyandu, Subang District.

Keyword: Dental and oral hygiene, *gingivitis*, pregnant women.