

**Hubungan Masa Kehamilan dengan Terjadinya *Gingivitis* pada Ibu Hamil di
Posyandu Desa Darawati Kecamatan Cipatujah
Kabupaten Tasikmalaya**

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ABSTRAK

Latar Belakang: Kesehatan merupakan bagian terpenting dalam kehidupan manusia, sehat secara jasmani dan rohani, tidak terkecuali ibu hamil. Ibu hamil sering mengalami masalah pada gigi dan mulut selama kehamilan, seperti gigi berlubang, perdarahan gusi, *gingivitis* (peradangan gusi) dan *hipersaliva* (air liur berlebih). Penyakit Kesehatan gigi dan mulut diatas cenderung diabaikan oleh ibu hamil. Calon ibu cenderung lebih peduli akan kesehatan janinnya dan kehamilan itu sendiri, sehingga mengabaikan kesehatan gigi dan mulut. Pada saat kehamilan menyebabkan perubahan hormonal yang di antaranya menyebabkan perubahan pada kesehatan gigi dan mulut ibu hamil mulai dari, trimester I, hingga III. Kondisi ini berakibat kurangnya Kesehatan dan kebersihan gigi dan mulut pada ibu hamil. **Tujuan:** Untuk mengetahui hubungan masa kehamilan dengan terjadinya *gingivitis* pada ibu hamil di posyandu desa Darawati Kecamatan Cipatujah Kabupaten Tasikmalaya. **Metode:** Desain Jenis penelitian yang digunakan adalah deskriptif analitik dengan rancangan *cross sectional* bertujuan untuk mengetahui apakah terdapat hubungan antara *variable independen* dengan *variable dependen* berupa masa kehamilan dengan terjadinya *gingivitis* pada ibu hamil di Posyandu. **Hasil:** hasil uji SPSS dengan uji *correlation spearman* pada ibu hamil di Posyandu Desa Darawati di peroleh p-value sebesar 0,004 ($p > 0,05$) yaitu H_0 di tolak dan H_A di terima dan kriteria tingkat kekuatan korelasi yang dihitung yaitu 0,588 merupakan kriteria hubungan kuat. Hipotesis yang artinya adanya hubungan antara masa kehamilan dengan terjadinya *gingivitis* di Posyandu Desa Drawati. **Kesimpulan:** Terdapat hubungan masa kehamilan dengan terjadinya *gingivitis* pada ibu hamil di Desa Darawati Kecamatan Cipatujah Kabupaten Tasikmalaya dengan tingkat *gingivitis* pada trimester ke III memiliki kriteria *gingival* indeks paling banyak, mulai dari kriteria peradangan berat sebanyak 6 orang ibu hamil dan peradangan sedang 5 orang ibu hamil.

Kata Kunci : Masa kehamilan, terjadinya *gingivitis*, ibu hamil di Posyandu.

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**Relationship between Pregnancy and Gingivitis in Pregnant Women at Posyandu,
Darawati Village, Cipatujah
District, Tasikmalaya Regency**

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ABSTRACT

Background: Health is the most important part in human life, physically and mentally healthy, pregnant women are no exception. Pregnant women often experience problems with their teeth and mouth during pregnancy, such as cavities, bleeding gums, *gingivitis* (inflammation of the gums) and *hypersaliva* (excess saliva). Diseases of dental and oral health above tend to be ignored by pregnant women. Mothers-to-be tend to be more concerned about the health of their fetuses and the pregnancy itself, thus neglecting the health of their teeth and mouth. During pregnancy, hormonal changes cause changes in the dental and oral health of pregnant women starting from the first trimester to the third trimester. This condition results in a lack of health and dental and oral hygiene in pregnant women. **Objective:** To determine the relationship between gestational age and the occurrence of *gingivitis* in pregnant women at the posyandu, Darawati village, Cipatujah district, Tasikmalaya district. **Method:** Design The type of research used is descriptive analytic with a *cross sectional* aim is to determine whether there is a relationship between the *independent* and the *dependent variable* in the form of gestational age and the occurrence of *gingivitis* in pregnant women at the Posyandu. **Results:** the results of the SPSS test with the *Spearman correlation* for pregnant women at the Posyandu, Darawati Village, obtained a p-value of 0.004 ($p > 0.05$), namely H_0 is rejected and H_A is accepted and the criterion for the level of correlation strength that is calculated is 0.588, which is a relationship criterion. strong. The hypothesis, which means that there is a relationship between the period of pregnancy and the occurrence of *gingivitis* at the Posyandu, Drawati Village. **Conclusion:** There is a relationship between gestational age and the occurrence of *gingivitis* in pregnant women in Darawati Village, Cipatujah District, Tasikmalaya Regency with the level of *gingivitis* in the third trimester having the most *gingival index* criteria, ranging from severe inflammation criteria as many as 6 pregnant women and moderate inflammation 5 pregnant women.

Keywords: Pregnancy period, occurrence of *gingivitis*, pregnant women in Posyandu. **Reference :** 28 (2011-2022)