

GAMBARAN KETERAMPILAN MENYIKAT GIGI PADA ANAK PRASEKOLAH DI PAUD AL-IKHLAS KABUPATEN CIAMIS SEBELUM DAN SESUDAH DIBERIKAN PROMOSI KESEHATAN MENGGUNAKAN MEDIA TEATER BONEKA

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ABSTRAK

Latar Belakang: Anak prasekolah merupakan kelompok usia yang membutuhkan pembelajaran menarik dan sesuai dengan tahap perkembangannya. Keterampilan menyikat gigi yang baik dan benar perlu dibiasakan sejak dini untuk menjaga kesehatan gigi dan mulut. Salah satu media promosi kesehatan yang dapat digunakan pada anak prasekolah adalah media teater boneka karena mampu menarik perhatian dan meningkatkan minat belajar anak. **Tujuan Penelitian:** Mengetahui gambaran promosi kesehatan menggunakan media teater boneka terhadap keterampilan menyikat gigi pada anak prasekolah di PAUD Al-Ikhlas Kabupaten Ciamis. **Jenis Penelitian:** Penelitian deskriptif kuantitatif dengan pendekatan *one group pretest and posttest design*. Penetapan sampel menggunakan total sampling sebanyak 37 anak. Penelitian ini diukur menggunakan lembar observasi keterampilan menyikat gigi. Hasil Penelitian: Hasil observasi awal (*pretest*) menunjukkan sebagian besar responden berada pada kategori cukup sebanyak 18 anak (49%) dengan rata-rata persentase sebesar 75,1%. Hasil observasi akhir (*posttest*) menunjukkan sebagian besar responden berada pada kategori baik sebanyak 25 anak (68%) dengan rata-rata persentase sebesar 89,7%. Terdapat peningkatan keterampilan menyikat gigi sebesar 14,6% setelah diberikan promosi kesehatan menggunakan media teater boneka. **Kesimpulan:** Promosi kesehatan menggunakan media teater boneka dapat meningkatkan keterampilan menyikat gigi pada anak prasekolah di PAUD Al-Ikhlas Kabupaten Ciamis.

Kata kunci: Teater boneka, keterampilan menyikat gigi, anak prasekolah.

A DESCRIPTION OF TEETH BRUSHING SKILLS IN PRESCHOOL CHILDREN AT PAUD Al-IKHLAS, CIAMIS DISTRICT BEFORE AND AFTER HEALTH PROMOTION USING PUPPET THEATER MEDIA

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ABSTRACT

Background: Preschool children are an age group that requires interesting and developmentally appropriate learning. Good and correct tooth brushing skills need to be instilled from an early age to maintain dental and oral health. One of the health promotion media that can be used in preschool children is puppet theater media because it can attract attention and increase children's interest in learning. **Research Objective:** To determine the description of health promotion using puppet theater media on tooth brushing skills in preschool children at PAUD Al-Ikhlal Ciamis Regency. Type of Research: Quantitative descriptive research with one group pretest and posttest design approach. The sample determination used a total sampling of 37 children. This study was measured using an observation sheet for toothbrushing skills. **Research Results:** The results of the initial observation (pretest) showed that most respondents were in the sufficient category, as many as 18 children (49%) with an average percentage of 75.1%. The results of the final observation (posttest) showed that most respondents were in the good category, as many as 25 children (68%) with an average percentage of 89.7%. There was an increase in toothbrushing skills by 14.6% after being given health promotion using puppet theater media. **Research Results:** The results of the initial observation (pretest) showed that most respondents were in the sufficient category of 18 children (49%) with an average percentage of 75.1%. The results of the final observation (posttest) showed that most respondents were in the good category of 25 children (68%) with an average percentage of 89.7%. There was an increase in tooth brushing skills by 14.6% after being given health promotion using puppet theater media. **Conclusion:** Health promotion using puppet theater can improve tooth-brushing skills in preschool children at the Al-Ikhlal Early Childhood Education Center (PAUD) in Ciamis Regency.

Keywords: Puppet theater, tooth-brushing skills, preschool children.