

**PENGARUH EDUKASI KESEHATAN GIGI DAN MULUT
MELALUI MEDIA VIDEO TERHADAP MOTIVASI
MELAKUKAN PERAWATAN *SCALING* PADA SISWA
KELAS X-3 SMAN 1 BANJAR**

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ABSTRAK

Latar Belakang: Kondisi kesehatan gigi dan mulut masyarakat Indonesia cenderung kurang baik, hanya 12,5% masyarakat Indonesia yang melakukan *scaling*, remaja usia 15-24 tahun hanya 18,8%. Berdasarkan survei awal 70% siswa menunjukkan motivasi rendah dalam merawat kesehatan gigi dan mulutnya. Motivasi berperan sebagai pendorong untuk bertindak, yang bersumber dari dorongan *internal* maupun *eksternal* dan memengaruhi perilaku seseorang dalam menjaga kesehatannya, salah satu cara memotivasi yaitu dengan edukasi. **Tujuan:** Menganalisis pengaruh edukasi kesehatan gigi dan mulut melalui media video terhadap motivasi perawatan *scaling* siswa Kelas X-3 SMAN 1 Banjar. **Metode:** *Quasy experiment* dengan rancangan *one group pretest posttest*, menggunakan *total sampling* dengan sampel 39 siswa kelas X-3 SMAN 1 Banjar. Alat ukur penelitian yaitu kuesioner, analisis data menggunakan uji *wilcoxon*. **Hasil:** Hasil penelitian yang didapatkan dari motivasi melakukan perawatan *scaling* setelah diberikan perlakuan (intervensi) berupa penyuluhan media video memperoleh peningkatan sebesar (82%) dengan kriteria tinggi yang awalnya (5%), kriteria sedang (23%) menjadi (18%) dan kriteria rendah sebesar (0%) awalnya (72%) hasil uji statistik didapatkan nilai signifikansi *p value* 0,000 ($\alpha < 0,05$). **Kesimpulan:** Ada pengaruh edukasi melalui media video terhadap motivasi melakukan perawatan *scaling* pada siswa kelas X-3 SMAN 1 Banjar.

Kata kunci: Edukasi, Media Video, Motivasi, *Scaling*.

Referensi: 32 (2017-2025).

**THE INFLUENCE OF DENTAL AND ORAL HEALTH
EDUCATION THROUGH VIDEO MEDIA ON THE
MOTIVATION TO DO SCALING TREATMENTS
IN STUDENTS CLASS X-3 SMAN 1 BANJAR**

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ABSTRACT

Background: The dental and oral health condition of the Indonesian people tends to be poor, only 12.5% of Indonesians do scaling, adolescents aged 15-24 years only 18.8%. Based on an initial survey, 70% of students showed low motivation in taking care of their dental and oral health. Motivation acts as a driver to act, which comes from internal and external motivations and influences a person's behavior in maintaining their health, one way to motivate is by education. **Objective:** Analyzing the influence of dental and oral health education through video media on the motivation of scaling care of students in Classes X-3 SMAN 1 Banjar. **Method:** Quasy experiment with a one group pretest posttest design, using a total sampling with a sample of 39 students in class X-3 of SMAN 1 Banjar. The research measuring tool is a questionnaire, data analysis using the wilcoxon test. **Results:** The results of the study obtained from the motivation to carry out scaling treatment after being given treatment (intervention) in the form of video media counseling obtained an increase of (82%) with a high criterion initially (5%), medium criteria (23%) to (18%) and low criteria of (0%) initially (72%) the results of the statistical test obtained a significance p value of 0.000 ($\alpha < 0.05$). **Conclusion:** There is an influence of education through video media on the motivation to carry out scaling care in students in grades X-3 of SMAN 1 Banjar.

Keywords: Education, Video Media, Motivation, Scaling.

References: 32 (2017-2025).