



LAPORAN AKHIR STASE
ASUHAN KEBIDANAN BERKESINAMBUNGAN
(*CONTINUITY OF CARE*) PADA NY L 26 TAHUN
DI PUSKESMAS WANAREJA 1

Disusun untuk memenuhi salah satu tugas pada Stase 11
di Program Studi Pendidikan Profesi Bidan

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ABSTRACT

Continuity of Care (CoC) is a comprehensive midwifery care approach provided continuously from pregnancy, childbirth, newborn care, postpartum, neonatal care, to family planning. The implementation of Continuity of Care aims to improve the quality of maternal and infant health monitoring, facilitate early detection of complications, and support optimal maternal and neonatal health outcomes. This report aimed to provide comprehensive and continuous midwifery care to Mrs. L, 26 years old, G2P1A0, at Wanareja I Public Health Center in 2026. The method used was a case study with a Continuity of Care approach through assessment, examination, management, evaluation, education, counseling, and documentation during pregnancy, childbirth, newborn care, postpartum, neonatal care, and family planning services. The results showed that Mrs. L's pregnancy was in good condition at term gestation of 38–39 weeks. Labor progressed spontaneously and normally with the implementation of woman-centered care and non-pharmacological pain management techniques, including back massage, breathing exercises, self-hypnosis, and the use of a gym ball. The baby was born spontaneously at term, cried vigorously, and received essential newborn care, including Early Initiation of Breastfeeding (IMD), vitamin K administration, eye ointment, and hepatitis B immunization (HB0). The postpartum and neonatal periods progressed physiologically, characterized by normal uterine involution, lochia according to the postpartum stage, improved perineal wound healing, adequate breast milk production, and an active newborn with effective breastfeeding. During the postpartum period, the mother received family planning services through contraceptive implant insertion. In conclusion, Continuity of Care was successfully implemented comprehensively and continuously from pregnancy through postpartum family planning. The care supported the physiological condition of both mother and baby without significant complications and contributed to continuous monitoring, early detection of potential problems, maternal comfort, successful breastfeeding, and maternal readiness to care for herself and her baby.

Keywords: Continuity of Care, midwifery care, pregnancy, childbirth, newborn, postpartum, family planning.

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